

### Spring is Coming...

And no matter what the groundhog said, it will be here soon and thoughts of spring cleaning will be with us. A good question for this month is “How can we clean in an environmentally friendly way?”

Let’s start with some very general ideas that can help us to reuse and/or recycle:

8. Swap plastic bottles for glass ones
9. Opt for reusable cleaning cloths
10. Try homemade cleaning solutions
11. Switch to eco-friendly laundry detergent
12. Repurpose old toothbrushes
13. Switch to natural sponges
14. Substitute a dryer sheet for a reusable alternative

Some items that you may already have at home are good starts for ways to clean green:

**White vinegar:** An antifungal that also kills germs and bacteria.

**Baking soda:** Eliminates odors and works as a gentle scouring powder.

**Borax:** this is the common name for the natural mineral compound sodium borate that eliminates odors, removes dirt, and acts as an antifungal and possible disinfectant.

There are many environmentally friendly cleaning products that you can purchase. Rather than trying to list them all here, please do a “Google search” for

- Environmentally friendly cleaning products
- Best Natural Cleaning Brands in 2023

Good luck and enjoy a “green spring”!

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